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Gut publishes original papers and reviews concerned with practice and research in the field of gastroenterology. The field is that of alimentary, hepatic, or pancreatic disease, and papers may cover the medical, surgical, radiological, or historical aspects. They may also deal with the basic sciences concerned with the alimentary tract, including experimental work. The report of a single case will be accepted only if it is of sufficient interest in relation to a wider field of research.

COMMUNICATIONS Two copies of papers and figures should be addressed to the Editor, *Gut*, BMA House, Tavistock Square, London, WC1H 9JR. Papers are accepted only on the understanding that they are not published elsewhere without previous sanction of the Editorial Committee. Manuscripts should follow the Vancouver conventions (see *Br Med J* 1979; 1: 532-5. *Gut* 1979; 20: 651-2). They should be in double-spaced typewriting on one side of the paper only. On the paper the name of the author should appear with initials (or distinguishing Christian name) only, and the name and address of the hospital or laboratory where the work was performed. A short summary should be provided at the beginning of the paper.

ACKNOWLEDGEMENT OF MANUSCRIPTS Manuscripts will not be acknowledged unless a stamped addressed postcard or international reply coupon is enclosed.

ILLUSTRATIONS *Photographs* Unmounted photographs on glossy paper should be provided. *Diagrams* These will usually be reduced to 2½ in wide. Lettering should be in either Letraset or stencil, and care should be taken that lettering and symbols are of comparable size. Illustrations should not be inserted in the text, they should be marked on the back with Figure numbers, title of paper, and name of author. All photographs, graphs, and diagrams should be referred to as Figures and should be numbered consecutively in the text in Arabic numerals. The legends for illustrations should be typed on a separate sheet. *Tables* Tables should be numbered consecutively in the text in Arabic numerals and each typed on a separate sheet.

ETHICS Ethical considerations will be taken into account in the assessment of papers (see the Medical Research Council's publications on the ethics of human experimentation, and the World Medical Association's code of ethics, known as the Declaration of Helsinki (see *Br Med J* 1964; 2: 177).

SI UNITS All measurements except blood pressure are expressed in SI units. In the text they should be followed by traditional units in parentheses. In tables and illustrations values are given only in SI units, but a conversion factor must be supplied. For general guidance on the International System of Units, and some useful conver-

sion factors, see *The SI for the Health Professions* (WHO, 1977). Such conversion is the responsibility of the author.

REFERENCES These follow the Vancouver system—that is, references numbered consecutively in the text and listed numerically with titles abbreviated in the style of *Index Medicus. Standard journal article*—(list all authors when six or less; when seven or more, list first three and add *et al.*): James A, Joyce B, Harvey T. Effect of long-term cimetidine. *Gut* 1979; 20: 123-4. NB: Accurate punctuation is essential.

CORRECTIONS other than printer's errors may be charged to the author.

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Notes and activities

5th International Update on Liver Disease

This meeting will be held at the Royal Free Hospital, London, 17–19 July 1980. Speakers include: G D Bell (Nottingham), P D Berk (New York), H Conn (Yale), D G James (London), I Mackay (Melbourne), H Popper (New York), T B Reynolds (Los Angeles), J Rodes (Barcelona), F Schaffner (New York), P J Scheuer (London), A J Zuckerman (London), and staff of the Medical Unit of the Royal Free Hospital. Topics include molecular biology, immunology, granulomas, fatty liver, portal hypertension, collagen, non-A non-B hepatitis, ascites, therapeutic radiology, slide seminar, and case discussions. For registrations (limited) apply to Professor Dame Sheila Sherlock, Royal Free Hospital, Pond Street, London NW3 2QG.

6th International Bile Acid Meeting

This meeting will be held at Freiburg/Br. West Germany, 9–11 October 1980. Details may be obtained from G Paumgartner, MD, Department of Internal Medicine II, University of Munich, Marchioninstrasse 15, D-8000 Munich 70, W. Germany.

World Congresses of Gastroenterology (with Digestive Endoscopy and Coloproctology)

These will be held in Stockholm, 14–19 June 1982. (Organisation Mondiale de Gastroenterologie.) President: Göran Lundh, Secretary General: Dag Hallberg. Details from c/o Stockholm Convention Bureau, Jakobs Torg 3, S-111 52 Stockholm, Sweden. (Telex: 115 56 congress.)

Books

Pathways in surgical management By Michael Hobsley. (Pp. 343. Illustrated. £13.75.) Edward Arnold: Maidenhead. 1979.

In clinical practice there are a limited number of recurring problems and Professor Hobsley picks out 18 common non-emergency conditions, such as dysphagia,

palpable abdominal mass, and 10 common emergency situations, such as acute blood loss, or pain in the right iliac fossa. He constructs flow charts illustrating the process of thought and action and how steps should follow in logical sequence. The idea is interesting and sensible. The patient provides a symptom or clinical sign and not a diagnostic label and the doctor has to work from there in the fewest possible steps to achieve the diagnosis and take appropriate action. The traditional approach is to teach comprehensively about the final diagnosis and its manifestations. This surely remains essential, but there is a great deal to be said for the student learning much of this himself, as he can do from textbooks, and this becomes much more interesting if the reading is dictated by steps in the flow-path.

The traditional approach is to teach the important differential diagnoses in relation to a clinical picture. Professor Hobsley looks at the process of diagnosis, or management decision, as sequential and which ideally should follow the shortest and most economical pathway. This contrasts with the wide range of investigations to cover most possibilities in differential diagnoses. With the NHS under financial strain there is no doubt that, with the Hobsley flow-path approach, better use might be made of present resources. Excellent though the idea is, however, his sequential analysis tends to get lost in much conventional dissertation about causal processes and their many manifestations. Standard textbooks cannot be dispensed with, but could be complementary to the flow-pattern approach. If this were accepted, then his book could be shorter, more precise, and would then be equally appropriate for doctors in practice as well as in training.

F AVERY JONES

Nutrition and drug interrelations Edited by J. N. Hathcock and J. Coon. (Pp. 927. Illustrated, \$55.00; £35.) Academic Press: London. 1978.

This Nutrition Foundation monograph contains 29 chapters based on papers presented at an international symposium held in Iowa in 1976. The book is divided into four sections. The first—drug effects on nutrient intake, function, and requirement—contains Ivey's concise account of the pathogenesis and drug treatment of gastric mucosal damage, in which nutrition is not mentioned. Chhabra and Tredger's 20 page chapter on inter-

actions of drugs and intestinal mucosal endoplasmic reticulum contains one page and one table of direct relevance to nutrition and Prin's chapter on the nutritional impact of intestinal drug-microbe interactions deals very thoroughly with ruminants, but only briefly with man.

The second section—nutritional effects on drug metabolism and action—includes Roe's clear account of the influence of food on drug absorption and drug-food incompatibilities, which stands out as one of the most readable chapters in the book. Rogers' chapter reviews the evidence that dietary intake modifies the response to carcinogenic therapeutic agents and outlines the requirement for further work which might lead to protective dietary measures. The third section deals with the use of drugs in animal feeds, while the fourth—use of nutrients and food as drugs—includes Schonfeld and Witztun's full account of the development of atherosclerosis and the hyperlipoproteinaemias followed by a review of dietary and drug therapy. The final chapter is a superficial review of the medicinal uses of foods.

Extensive references follow each chapter, most being dated not later than 1976, though some for 1977 have been inserted. The subject and author indexes are extensive but the author index is not complete—at least one reference is missing from the listing. This book would be a useful reference work for physicians but parts of it may only be of interest to pharmacologists.

ANTHONY R LEEDS

Techniques of vagotomy By A. G. Johnson and K. W. Reynolds. (Pp. 85. Illustrated. £5.95.) Edward Arnold: London. 1979.

This short book is an excellent guide to the different vagotomy procedures for the surgeon in training. The text is brief and contains many of the author's ideas and details of technique.

The illustrations are clear and drawn from the surgeon's view.

The three main vagotomy techniques and gastric drainage operations are described; the problems and main points of each procedure are highlighted. Intra-operative tests for completeness of vagotomy are also discussed.

N MENZIES GOW

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