

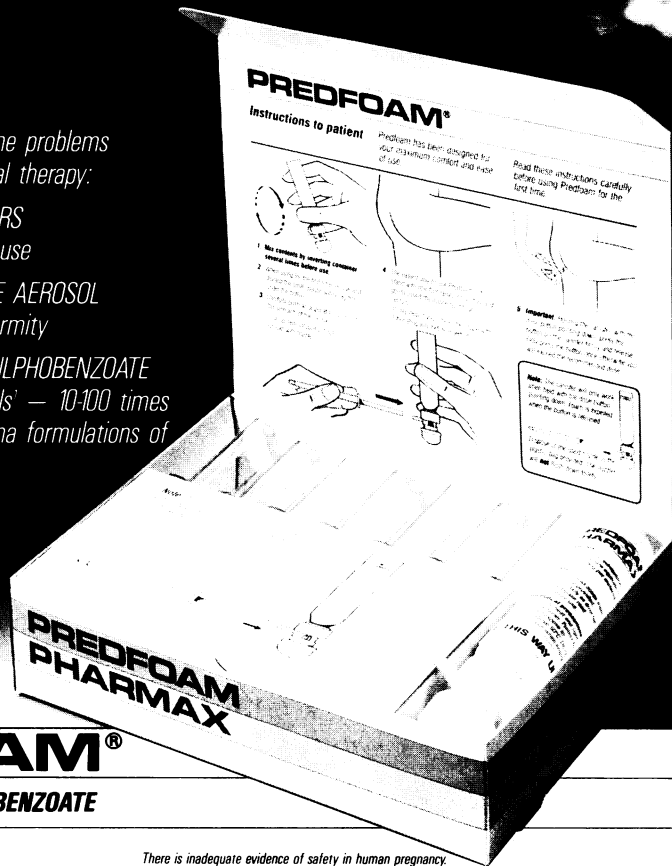
THIS WAY UP

# Ulcerative Colitis?

dispose of a problem...

... How Predfoam helps solve the problems currently associated with local therapy:

- **DISPOSABLE APPLICATORS**  
— Clean and simple to use
- **UNIQUE METERED DOSE AEROSOL**  
— Ensures dosage uniformity
- **PREDNISOLONE METASULPHOBENZOATE**  
— High local tissue levels<sup>1</sup> — 10-100 times those produced by enema formulations of prednisolone<sup>2</sup>



## PREDFOAM®

**PREDNISOLONE METASULPHOBENZOATE**

### Prescribing Information

**Presentation:** A white mucoadherent aerosol foam containing prednisolone metasulphobenzate sodium equivalent to 20mg prednisolone per metered dose.

**Uses:** Treatment of proctitis and ulcerative colitis.

**Dosage and Administration:** One metered dose inserted rectally once or twice daily for two weeks, extending treatment for a further two weeks when a good response is obtained.

**Contra-indications, warnings, etc:**

**Contra-indications:** Local conditions where infection might be masked or healing impaired e.g. peritonitis, fistulae, intestinal obstruction, perforation of the bowel.

**Side effects:** The consequences of systemic absorption should be considered with extensive use over prolonged periods. As with all rectal corticosteroids, prolonged continuous use is undesirable.

*There is inadequate evidence of safety in human pregnancy. Topical administration of corticosteroids to pregnant animals can cause abnormalities of foetal development including cleft palate and intra-uterine growth retardation. There may therefore be a very small risk of such effects in the human foetus. Overdosage by this route is unlikely.*

**Legal Category:** POM

PL 0108/0101

**Pack and basic NHS price:** Box containing 1 fourteen-dose canister, 14 disposable nozzles and 14 plastic bags £7.00

© Registered Trade Mark

**References:** (1) McIntyre, P.B. et al. (1985) *GUT* 26 822-824  
(2) Rodrigues, C. et al. (1987) *Lancet*, June 27th, 1497.

Full information is available on request

**PHARMAX LIMITED**  
Bourne Road, Bexley, Kent. DA5 1NX  
Telephone 0322 91321

# NEW

# ANNOUNCING THE FIRST SPECIFICALLY DEVELOPED

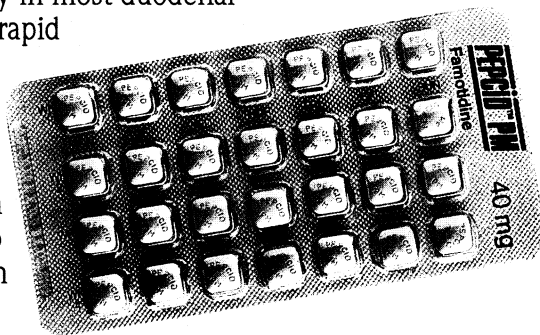
## THE IMPORTANCE OF NIGHT-TIME COVER

Leading gastroenterologists say that the inhibition of nocturnal acid is the key to successful peptic ulcer therapy.<sup>1,2</sup>

During the day, normal gastric acid is required for natural digestion and as protection against unwanted ingested bacteria. 'PEPCID' PM, the first H<sub>2</sub>-receptor antagonist specifically developed for night-time use, inhibits acid production when it's not needed.

'PEPCID' PM, when administered at night, effectively controls nocturnal acidity in most duodenal ulcer patients, providing rapid healing and swift relief of pain. 'PEPCID' PM has been shown to achieve a 90.5% healing of duodenal ulcers within four weeks<sup>4</sup> and up to 81% of gastric ulcers within eight weeks.<sup>5</sup>

That's 'PEPCID' PM, a simple, once-nightly 40 mg tablet, supplied in a convenient 28-day calendar pack to help maximise compliance.



## ABRIDGED PRODUCT INFORMATION ▼

Full prescribing information is available and should be consulted before prescribing.

**INDICATIONS** Duodenal ulcer; prevention of relapses of duodenal ulceration; benign gastric ulcer; hypersecretory conditions such as Zollinger-Ellison syndrome.

**DOSAGE** In duodenal and benign gastric ulcer, 40 mg at night for four to eight weeks.

For prevention of duodenal ulcer recurrence, 20 mg at night.

Initiate antisecretory therapy of Zollinger-Ellison syndrome with 20 mg every six hours and adjust to individual response. Maximum 480 mg daily.

**CONTRA-INDICATION** Hypersensitivity.

**PRECAUTIONS** Exclude any likelihood of gastric carcinoma before using 'PEPCID' PM.

Consider reducing the daily dose if creatinine clearance falls to or below 30 ml/min.

'PEPCID' PM is not recommended in pregnancy, nursing mothers or children.

**SIDE EFFECTS** Rarely, headache, dizziness, constipation, diarrhoea. Less frequently, dry mouth, nausea, vomiting, rash, abdominal discomfort, anorexia, fatigue.

**BASIC NHS COST** 20 mg tablets, £14.00 for 28-day calendar pack and £25.00 for bottles of 50.

40 mg tablets, £26.60 for 28-day calendar pack and £47.50 for bottles of 50.

**PRODUCT LICENCE NUMBERS:** 20 mg tablets, 0025/0215; 40 mg tablets, 0025/0216.

▼ Special reporting to the CSM required.

Issued September 1987.

TM denotes trademark

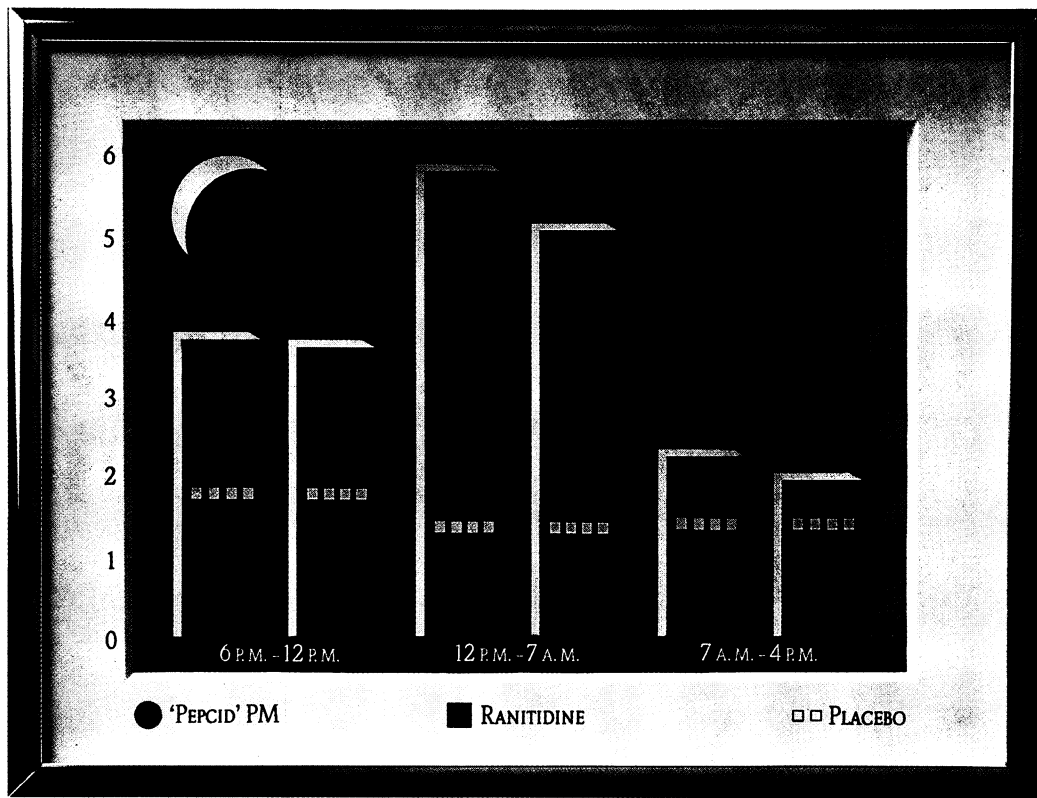
### References

1. Gledhill, T., *et al.*, *Gut*, 1983, 24, 904.
2. Ireland, A., *et al.*, *Lancet*, 1984, ii 274.
3. Bauerfeind, P., *et al.*, *Gastroenterology*, 1986, 90(5), 1340.
4. Simon, B., *et al.*, *Digestion*, 1985, 32 (Suppl. 1), 32.
5. Data on file.

 Thomas Morson Pharmaceuticals  
Hertford Road, Hoddesdon, Hertfordshire  
Division of Merck Sharp & Dohme Limited

# H<sub>2</sub>-RECEPTOR ANTAGONIST FOR ONCE-NIGHTLY USE

NIGHT-TIME COVER FROM A SINGLE DOSE<sup>3</sup>



Median pH values for evening, night and day

**PEPCID<sup>TM</sup> PM**  
40mg (famotidine)

*One at night can make their day*

**TABLETS**

**New.**  
**Evoxin**  
domperidone

**activates the static  
stomach**



**for relief of  
nausea and vomiting**

**A move in the right direction**



Evoxin is a trade mark. Full information available from Sterling Research Laboratories, Onslow Street, Guildford, Surrey GU1 4YS.

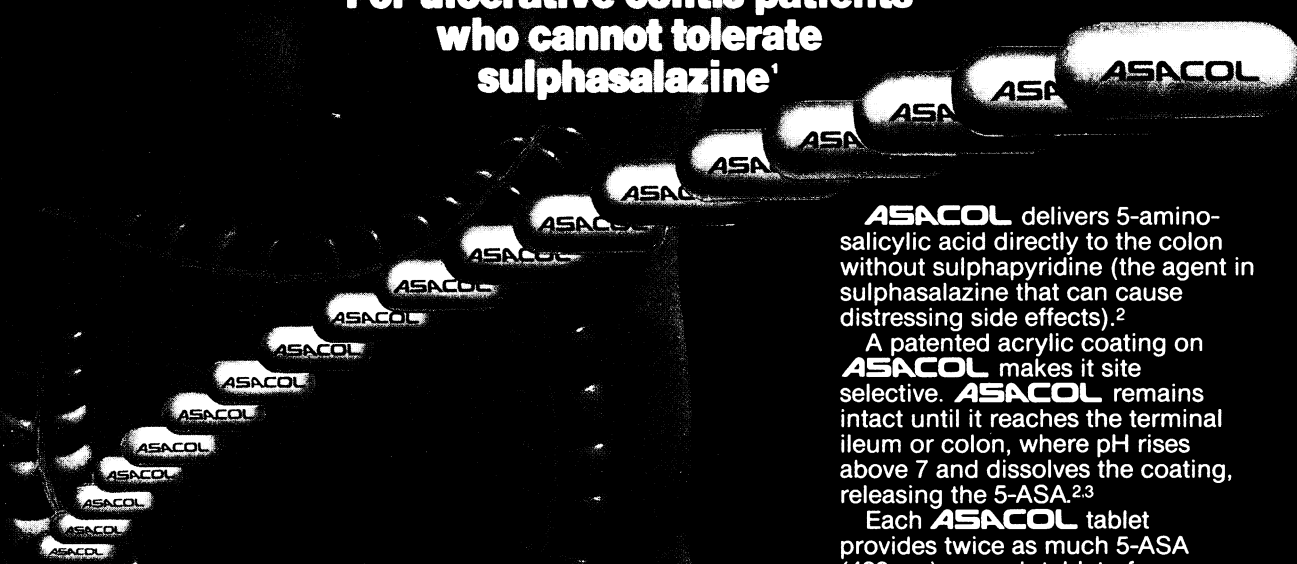
15R105/211587

# ASACOL

(MESALAZINE)\*

## Direct delivery to the colon

For ulcerative colitis patients  
who cannot tolerate  
sulphasalazine\*



**ASACOL** delivers 5-aminosalicylic acid directly to the colon without sulphapyridine (the agent in sulphasalazine that can cause distressing side effects).<sup>2</sup>

A patented acrylic coating on **ASACOL** makes it site selective. **ASACOL** remains intact until it reaches the terminal ileum or colon, where pH rises above 7 and dissolves the coating, releasing the 5-ASA.<sup>2,3</sup>

Each **ASACOL** tablet provides twice as much 5-ASA (400 mg) as each tablet of sulphasalazine (200 mg), which allows patients to take fewer tablets daily.

Clinical studies have shown that **ASACOL** offers efficacy comparable to that of sulphasalazine in maintaining the remission of ulcerative colitis.<sup>4</sup>

## ASACOL

Direct Delivery to the Colon

### ABBREVIATED PRESCRIBING INFORMATION PRESENTATION

Red tablets containing 400 mg of mesalazine (5-aminosalicylic acid) coated for release in the terminal ileum and colon.

### USES

For the maintenance of remission of ulcerative colitis in patients who cannot tolerate sulphasalazine.

### DOSAGE AND ADMINISTRATION

*Adults:* 3 to 6 tablets daily in divided doses. There is no dose recommendation for children.

### CONTRA-INDICATIONS, WARNINGS, ETC.

#### Contra-indications

Contra-indications: a history of sensitivity to salicylates. Children under 2 years of age.

#### Precautions

Renal disorder. Mesalazine is excreted rapidly by the kidney mainly as its metabolite, N-acetyl 5-aminosalicylic acid. In rats large doses of mesalazine injected intravenously produce tubular and glomerular toxicity. Although no renal toxicity has been reported in patients taking 'Asacol', it is not recommended in patients with renal impairment and caution should be exercised in patients with a raised blood urea or proteinuria.

Asacol should not be given with lactulose or similar preparations which lower stool pH and may prevent release of mesalazine.

#### Use during pregnancy

Use of 'Asacol' during pregnancy should be with caution, and only if, in the opinion of the physician, the potential benefits of treatment are generally greater than the possible hazards.

#### Adverse Reactions

Adverse reactions occur in a small proportion of patients who previously could not tolerate sulphasalazine. The side-effects are predominantly gastrointestinal (nausea, diarrhoea and abdominal pain) and headache. 'Asacol' may be associated with the exacerbation of the symptoms of colitis in those patients who have previously had such problems with sulphasalazine.

Other side effects observed with sulphasalazine such as depression of bone marrow and of sperm count and function, have not been reported with 'Asacol'.

**LEGAL CATEGORY:** POM. **PL:** 0424/0032.

**Daily treatment cost:** 66p-£1.31

#### Licence Holder:

Tillotts Laboratories, Henlow Trading Estate, Henlow, Bedfordshire SG16 6DS.

#### Supplier:

Smith Kline & French Laboratories Limited Welwyn Garden City, Hertfordshire AL7 1EY

**U.K. Patent No.** 8322387

### REFERENCES:

1. Dew M.J. Harries A.D. Evans B.K. et al. Treatment of ulcerative colitis with oral 5-aminosalicylic acid in patients unable to take sulphasalazine. *Lancet*, 1983; ii:801.
2. Dew M.J. Hughes P.J. Lee M.G. et al. An oral preparation to release drugs in the human colon. *Br. J. Clin. Pharmacol.*, 1982; 14:405-408.
3. Dew M.J. Ryder R.E.J. Evans N. et al. Colonic release of 5-aminosalicylic acid from an oral preparation in active ulcerative colitis. *Br. J. Clin. Pharmacol.*, 1983; 16:185-187.
4. Dew M.J. Hughes P.J. Harries A.D. et al. Maintenance of remission in ulcerative colitis with oral preparation of 5-aminosalicylic acid. *Br. Med. J.*, 1982; 285:1012.
5. Dew M.J. Harries A.D. Evans N. et al. Maintenance of remission in ulcerative colitis with 5-aminosalicylic acid in high doses by mouth. *Br. Med. J.*, 1983; 287:23-24.

\*Mesalazine is the British Approved name for 5-aminosalicylic acid.

**SK&F** Smith Kline & French Laboratories Limited  
A SMITHKLINE BECKMAN COMPANY  
Welwyn Garden City, Hertfordshire AL7 1EY

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7.4.87

# Reduction in Symptoms after Proximal Selective Vagotomy through Increased Dietary Viscosity

E. Harju and J. Mäkelä  
University of Tampere, Tampere, Finland

Department of

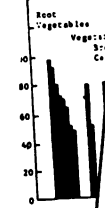
## Recent clinical evidence.. ... strongly supports the role of Guarem for the symptomatic relief of the Dumping Syndrome.

Proximal selective vagotomy is a good treatment for patients who have dumping syndrome (1, 2).

Most operations that produce an increase in gastric emptying rate (3, 4), by affecting the rate of gastric emptying, have been shown to be effective in patients with dumping syndrome (5).

The gastric emptying rate has been shown to be decreased in patients with dumping syndrome (6). A decrease in the rate of gastric emptying is thought to be the cause of the symptoms.

### DIETARY FIBER



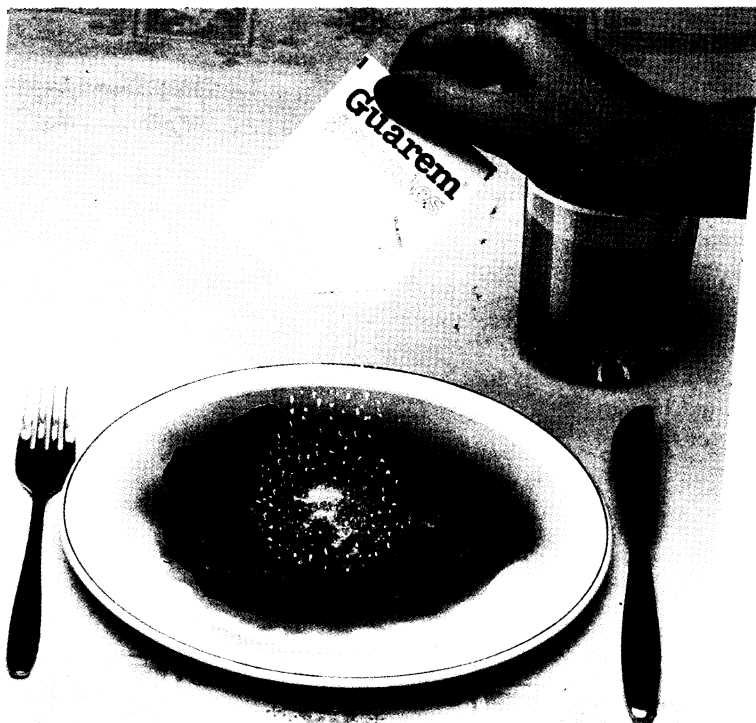
Glycaemic index of foods (50 g glucose itself = 100) in 10 individuals. Mean values are shown.

In vivo studies of the products of digestion of 1 hr were plotted at both times. A correlation existed ( $r = 0.86$ ) between the glycaemic index of dietary fiber and carbohydrate.

On the other hand the relationship between content and GI or rate of intestinal emptying, could not be demonstrated (12, 48).

This might be predicted from the higher amylose to amylopectin ratio of bean starch and suggests that the amylose content of a food may be of importance as seen in rice (51). In this context the blood glucose response area following 50 g available carbohydrate from 5-8 varieties of legumes was lower (50% when compared with over 20 common eaten cereal foods and root vegetables in a meal (12) (Fig. 7) and 28% in diabetic patients (49).

Slowing absorption of carbohydrates also produce marked effects in terms of endocrine, especially the gut endocrine response. The effects of feeding lentils compared with whole meal bread, with similar fiber content balanced



Fluid and electrolytes. Fluid absorption is inhibited in the presence of guar gum. It is returned to control values after 1 hr of perfusion. The difference between the final control period and the final experimental period is significant. Sodium and potassium patterns, though not statistically significant, show significant differences in any of the three

unstirred water layer. Guar gum decreases the rate of gastric glucose absorption. The guar gum solutions contain a progressive increase in viscosity. The guar gum solution in all cases produced any significant differences in the values for the parameters of electrogenic glucose transport (Table 3). If anything, there was a slight increase in  $K_{tr}$  after administration of guar gum, which is compatible with a

on glucose diffusion. The concentration of guar gum reduced the rate of equilibrium with the solution. However, at a further increase in guar gum concentration, a further effect on



### Proximal Selective Vagotomy University of Tampere

Proximal selective vagotomy is a good treatment for patients who have dumping syndrome (1, 2). Most operations that produce an increase in gastric emptying rate (3, 4), by affecting the rate of gastric emptying, have been shown to be effective in patients with dumping syndrome (5).

With abdominal symptoms, patients were invited to participate in the study. The patients were given 5 g of guar gum with each meal for 4 weeks without any symptoms. The guar gum was added to the meals for another 4 weeks. Addition of guar gum to the meals recorded their diaries, which were reviewed every 2 weeks. According to previous dietary studies among 1200 subjects every 2 weeks (13).

**Guar gum and placebo**  
The guar gum was administered in the form of Guarem S & Remeda Pharmaceutical (Tampere, Finland).

Guar gum decreased troublesome symptoms in 16 patients after proximal selective vagotomy. Nine of the 16 patients in the present study had 1 placebo, or during the 2 weeks

study of the effects of guar gum on the symptoms (8-11). Therefore believed to be justifiable, and was approved by the Ethical Committee of the University of Oulu.

### MATERIALS AND METHODS

**Clinical characteristics of participants**  
Twenty-seven of 141 patients who had undergone proximal selective vagotomy between 5 and 10 years previously were experiencing troublesome symptoms. Sixteen of these patients (14 male, two female) took part in this study. Their mean age was  $53 \pm 9.2$  years. Proximal selective vagotomy had been carried out in all 14 patients because of retching and duodenal ulcer. The mean preoperative duration of ulcer symptoms had been 7.6 years. Diagnosis had been verified by endoscopy and basal and pentagastrin-stimulated gastric secretion had been

Guar gum decreased troublesome symptoms in 16 patients after proximal selective vagotomy. Nine of the 16 patients in the present study had 1 placebo, or during the 2 weeks

NEW

# For the relief of symptoms of DUMPING SYNDROME

*"The favourable effect of the addition of guar gum to the meals of patients suffering from the dumping syndrome is based on the normalization (i.e. slowing down) of the passage of food from the stomach to the duodenum and jejunum, and hence the slowing down of the absorption of nutrients, especially monosaccharides, and the prevention of a rapid postprandial increase in intraluminal osmolarity in the duodenum".<sup>6</sup>*

- ★ slows gastric emptying<sup>1-3</sup>
- ★ reduces hyperglycaemia and hyperinsulinaemia<sup>4-5</sup>
- ★ helps improve patient comfort, food tolerance and nutritional status<sup>6-7</sup>

## Guarem<sup>®</sup>

Guar 5g

References: 1 Jenkins et al **Br.Med.J.** 1978, 1, 1392. 2 Blackburn et al **Clin.Sc.** 1984, **66**, 329. 3 Leeds et al **Lancet** 1981, 1, 1075. 4 Jenkins **Proc.Soc.Exp.Biol.** 1985, **180**, 422. 5 Fuessli et al **Pract.Diab.** 1986, **3**, 258. 6 Harju & Lamm **J.Parent.Ent.Nutr.** 1983, **7**, 470. 7 Harju & Makela **Amer.J.Gastroent.** 1984, **79**, 861.

### Clinical Information

**Action.** Guar gum which is derived from natural sources is a high molecular weight polysaccharide, galactomannan. In solution it (i) increases gastric transit time and (ii) slows the rate of absorption of other carbohydrates leading to a reduction in post prandial hyperglycaemia and insulin secretion. Guar gum is not absorbed and remains chemically unchanged until it reaches the colon where it is broken down before excretion. **Indication.** The relief of the symptoms of the 'dumping syndrome'. **Dosage & Administration.** Adults: One 5g sachet to be taken with each main meal. The contents of a sachet are preferably sprinkled evenly over a meal on the plate or stirred into suitable foods (e.g. tomato juice, yoghurt, muesli, etc), in which case the food should be accompanied by a drink of 150ml (½ tumbler). **Contra-Indications, Warnings, etc.** To avoid any risk of oesophageal obstruction or rupture, this

product should not be given to patients with a history of oesophageal disease or difficulty in swallowing. While Guarem may be expected to reduce malabsorption, usual monitoring of nutritional status should be continued. Guarem should not be ingested as dry granules. **Side-Effects.** Gastro-intestinal symptoms (flatulence, diarrhoea) are quite common at the commencement of treatment. These can be reduced or avoided by initiating treatment gradually, in accordance with advice on the pack. **Presentation.** Sachets, each containing guar gum granules 5 grams. The fine pale cream granules are tasteless and readily water-miscible. Cartons of 100 sachets. **Product Licence Numbers.** PL0237/0023 & 0026. PA 3/61. Further information available from Rybar Laboratories Ltd., Amersham, Bucks, UK.

**Rybar**

# Extend the range...

of pancreatic enzyme therapy  
with the five flexible forms of

# PANCREX<sup>®</sup>

(pancreatin)

Only the PANCREX range provides:



**Powder**



**Capsules**



**Tablets**



**Forte  
Tablets**

- **More dosing options for more types and ages of patient**
- **Low daily cost for long-term therapy**

#### ABRIDGED PRODUCT INFORMATION

Full prescribing information is available and should be consulted before prescribing.

**Indications:** Fibrocystic disease of the pancreas (cystic fibrosis), chronic pancreatitis and pancreatic steatorrhoea following pancreatic resection. May also be indicated following gastrectomy as an aid to digestion.

#### Minimum activity in BP Units:

PREPARATION	PROTEASE	LIPASE	AMYLASE
PANCREX V POWDER	1400/g	25,000/g	30,000/g
PANCREX GRANULES	300/g	5,000/g	4,000/g
PANCREX V CAPSULES	430	8,000	9,000
PANCREX V CAPSULES '125'	160	2,950	3,300
PANCREX V TABLETS	110	1,900	1,700
PANCREX V FORTE TABLETS	330	5,600	5,000

#### Dosage:

PANCREX V POWDER: 1/2-2g swallowed dry or mixed with water or milk, 4 times daily with meals.

PANCREX GRANULES: 5-10g swallowed dry or mixed with water or milk, 4 times daily before meals.

PANCREX V CAPSULES: Infants - contents of 1-2 capsules mixed with feeds. Older children/adults - 2-6 capsules, 4 times daily with meals.

PANCREX V CAPSULES '125': Neonates 1-2 capsules with feeds

PANCREX V TABLETS: 5-15 tablets, 4 times daily before meals

PANCREX V FORTE TABLETS: 6-10 tablets, 4 times daily before meals.

#### Main Contra-indications/Warnings:

If Pancrex V is mixed with feeds or liquids, the mixture should be consumed within one hour.

In the case of newborn infants high dosage of Pancrex V may result in irritation around the mouth and anus. Barrier creams will prevent such local irritations.

Rare cases of hypertriglyceridaemia have been reported after taking extremely high doses of Pancreatin.

**Basic NHS Cost:** Pancrex V Powder 100g £6.53, 250g £13.90. Pancrex V Capsules 100 £3.71, 500 £14.37. Pancrex V Capsules '125' 500 £10.89. Pancrex Granules 100g £4.79, 500g £19.16. Pancrex V Tablets 100 £1.79, 500 £4.79. Pancrex V Forte Tablets 100 £3.23, 500 £12.46.

**Product Licence Numbers:** Pancrex V Powder 0051/5004, Pancrex V Capsules 0051/5043, Pancrex V Capsules '125' 0051/5104, Pancrex Granules 0051/5003, Pancrex V Tablets 0051/5002, Pancrex V Forte Tablets 0051/5000.

**Paines & Byrne Limited**  
Bilton Road, Greenford, Middlesex UB6 7HG

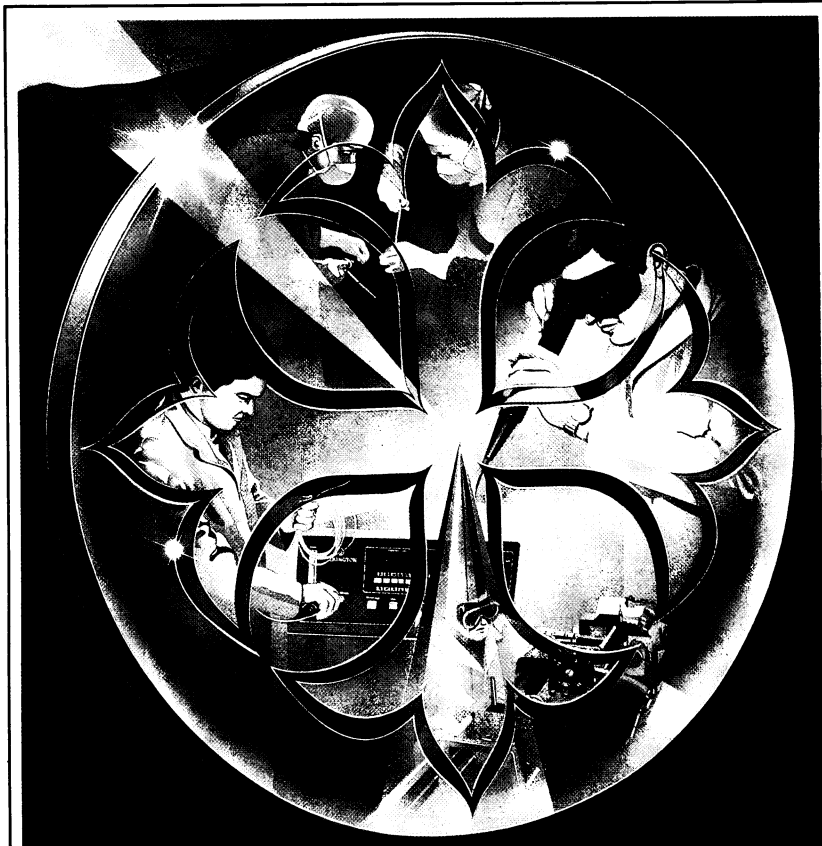


**PABYRN**

(pancreatin)



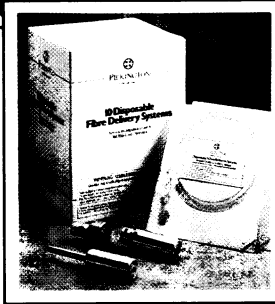
— THE SYMBOL OF MEDICAL PROGRESS. —



Fiberlase 100. A multi-discipline Nd YAG Laser, controllable from 3-100W.



Full range of Accessories to cover all disciplines.



The world's first sterile disposable fibre. No need for cleaving/repair.



CO<sub>2</sub> Lasers. 25W Dedicated Gynaecology & 35W General Surgery.

Pilkington Medical Systems, a British company, is at the forefront in medical laser technology, achieving worldwide success with its comprehensive range of Nd YAG and CO<sub>2</sub> medical laser systems.

The company's ongoing programme of clinical trials confirms its commitment to healthcare. New applications for medical lasers are being explored and innovative surgical techniques established.

Purchasers of Pilkington Medical Systems lasers are assured of an exceptional package which sees the installation, medical training and back-up servicing carried out by Pilkington's qualified Engineering and Medical team.



**PILKINGTON**

◀ Medical Systems ▶

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The introduction of Fiberpack, a unique laser purchasing method from Pilkington Medical Systems, helps you own a medical laser without so much as a down payment. Only your commitment to purchase our disposable fibre delivery system is required and as the world's first completely sterile delivery system both you and your patients will appreciate the benefits.

Our global network of distributors and representatives will be delighted to supply you with further information of Fiberpack or the Pilkington medical laser range.

You need look no further than the symbol of medical progress.

# Olympus Endoscopy System

## THE GOLD



# - an evolution in endoscopy

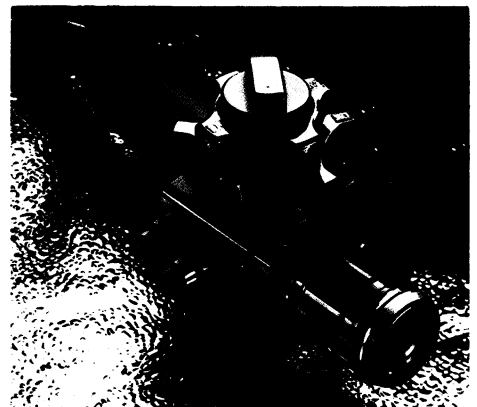
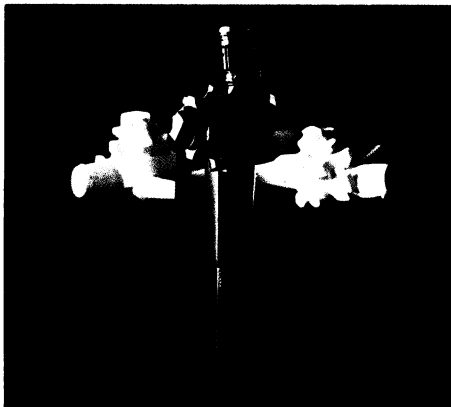
## STANDARD

The evolution of the Olympus Endoscopy System (OES) 10 series has resulted in a new range — OES-20 — destined to become the 'Gold Standard' in endoscopy.

OES-20 is the culmination of a four year development programme, resulting in instruments which represent a significant advance in fiberscope technology.

High resolution optics, lighter in weight, improved durability, outstanding handling and insertion characteristics are just some of the exciting features offered by the unique OES-20 range of fiberscopes.

The Olympus Endoscopy System — OES-20.



### **KeyMed**

**Specialised Services to Medicine**

KeyMed (Medical & Industrial Equipment) Ltd.

KeyMed House, Stock Road, Southend-on-Sea, Essex SS2 5QH.

Telex: 995283, Facsimile: (0702) 65677, Telephone: (0702) 616333 (24 lines).

**Scotland:** KeyMed, Peel House, Ladywell East, Livingston EH54 6AH. Telephone: (0506) 416655

**Ireland:** KeyMed Ireland Ltd., KeyMed House, Lord Edward Court, Bride Street, Dublin 8. Telephone: 774855

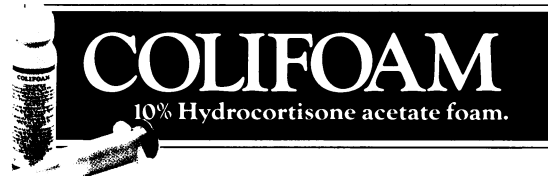
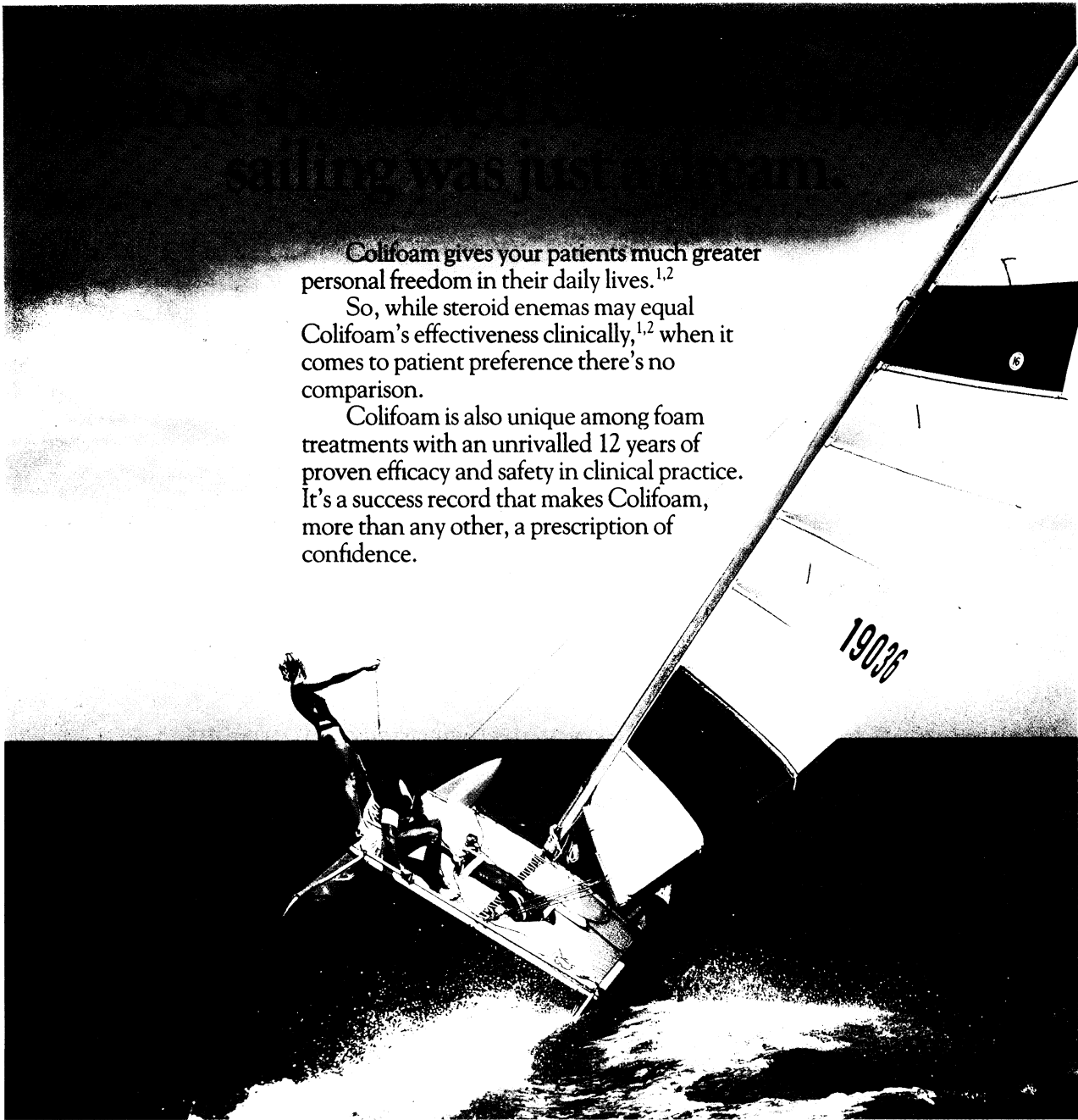
**USA:** KeyMed Inc., 400 Airport Executive Park, Spring Valley, New York 10977. Telephone: (914) 425-3100

## **The Gold Standard - Seeing is believing**

Colifoam gives your patients much greater personal freedom in their daily lives.<sup>1,2</sup>

So, while steroid enemas may equal Colifoam's effectiveness clinically,<sup>1,2</sup> when it comes to patient preference there's no comparison.

Colifoam is also unique among foam treatments with an unrivalled 12 years of proven efficacy and safety in clinical practice. It's a success record that makes Colifoam, more than any other, a prescription of confidence.



## The proven choice in distal inflammatory bowel disease

1. Ruddell WSJ et al. *Gut* 1980; 21: 885-889

2. Somerville KW et al. *British Medical Journal* 1985; 291: 866

**PRESCRIBING INFORMATION:** **Presentation:** White odourless aerosol containing hydrocortisone acetate PhEur 10%. **Uses:** Ulcerative colitis, proctosigmoiditis and granular proctitis. **Dosage and administration:** One applicatorful inserted into the rectum once or twice daily for two or three weeks and every second day thereafter. Shake can vigorously before use (illustrated instructions are enclosed with pack). **Contra-indications, warnings etc.:** Local contra-indications to the use of intrarectal steroids include obstruction, abscess, perforation, peritonitis, fresh intestinal anastomoses and extensive fistulae. General precautions common to all corticosteroid therapy should be observed during treatment with Colifoam. Treatment should be administered with caution in patients with severe ulcerative disease because of their predisposition to perforation of the bowel wall. Safety during pregnancy has not been fully established. **Pharmaceutical precautions:** Pressurized container. Protect from sunlight and do not expose to temperatures above 50°C. Do not pierce or burn even after use. Do not refrigerate. Keep out of reach of children. For external use only. **Legal category:** POM. **Package Quantity & Basic NHS cost:** 25g canister plus applicator, £7.25. **Further information:** One applicatorful of Colifoam provides a dose of approximately 125mg of hydrocortisone acetate, similar to that used in a retention enema, for the treatment of ulcerative colitis, sigmoiditis and proctitis. **Product Licence No.:** 0036/0021. Further information is available on request.

Stafford-Miller Ltd., Professional Relations Division, Hatfield, Herts. AL10 0NZ.

INTRODUCING

NEW  
**AXID**  
NIZATIDINE



The new H<sub>2</sub> antagonist  
that starts life  
with a once-daily dosage.

# Axid

## Acid control by night

A single Axid capsule in the evening suppresses acid production only during the night when mucosal damage may occur.

Axid produces a high degree of efficacy in both pain relief and healing of duodenal and gastric ulcers,<sup>1-3</sup> together with a minimal suppression of daytime gastric acid.<sup>4</sup>

Axid causes minimal interference with other body systems; daytime serum gastrin

levels are unaffected,<sup>5</sup> anti-androgenic effects are rare<sup>6</sup> and Axid does not bind to the P450 cytochrome system in the liver.<sup>7</sup>

Axid has been shown to have a favourable side effects profile in trials with over 3,800 patients.<sup>8</sup>

Axid has simple dosage parameters. A half-life of 1½ hours<sup>9</sup> (1.9 hours in patients over 65 years of age) means that dosage

*Lilly*

# Minimal suppression of daytime gastric acid



adjustment is only necessary in patients with moderate to severe renal impairment, (creatinine clearance  $<50\text{ml}/\text{min}$ ). Axid has not been shown to interact with a

number of commonly administered drugs.<sup>8</sup>

A one-capsule, once-daily dosage and calendar pack presentation make patient compliance with Axid very easy.

NEW

# **AXID**

NIZATIDINE

## ONCE A DAY $\text{H}_2$ ANTAGONIST


PRESCRIBING INFORMATION APPEARS OVERLEAF

NEW

# AXID

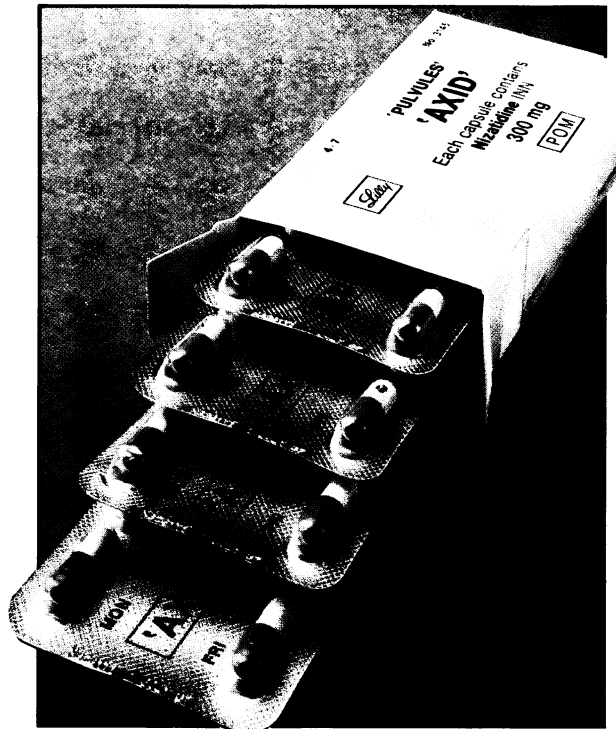
NIZATIDINE

## One capsule in the evening

 300mg in the evening for ulcer healing

 150mg in the evening for maintenance therapy

- A highly effective H<sub>2</sub> antagonist<sup>1-3</sup>
- A favourable side effects profile<sup>8</sup>
- Once daily dosage
- Minimal suppression of daytime gastric acid<sup>†</sup>



### ▼ ABBREVIATED PRESCRIBING INFORMATION

**Presentation:** Capsules containing 150mg or 300mg nizatidine INN. **Uses:** For the treatment of duodenal and benign gastric ulcer, and prevention of duodenal ulcer recurrence. **Dosage and Administration:** (For full information, see data sheet). Axid is administered orally. **Adults:** For duodenal and benign gastric ulcer, the recommended daily dose is 300mg in the evening for 4 or, if necessary, 8 weeks. For prevention of duodenal ulcer recurrence, the recommended daily dose is 150mg in the evening. **The elderly:** Normally dosage modification is not required except in patients who have moderate to severe renal impairment. **Children:** Not recommended. **Patients with impaired renal function:** Moderate renal impairment (creatinine clearance less than 50ml/min), the dose should be reduced by 50% to 150mg in the evening. Severe renal impairment (creatinine clearance less than 20ml/min), the dose should be reduced by 75%, to 150mg on alternate days. Prevention of duodenal ulcer recurrence in moderate renal impairment (creatinine clearance less than 50ml/min), the dose may be reduced to 150mg on alternate days. Severe renal

impairment (creatinine clearance less than 20ml/min), the dose may be reduced to 150mg every third day. **Contra-indication:** Known hypersensitivity to H<sub>2</sub>-receptor antagonists. **Warnings:** Usage in pregnancy: The safety of nizatidine for use during pregnancy has not been established. **Usage in lactation:** Administer to nursing mothers only if considered absolutely necessary. **Drug interactions:** No interaction has been observed between nizatidine and aminophylline, theophylline, chlordiazepoxide, diazepam, metoprolol, warfarin or lorazepam. Nizatidine does not inhibit the hepatic cytochrome P450-linked

drug metabolising enzyme system. **Precautions:** Patients with impaired liver or kidney function should be treated with caution (see data sheet). **Side-effects:** Possible side-effects include headache, asthenia, chest pain, myalgia, abnormal dreams, somnolence, rhinitis, pharyngitis, cough, pruritus, sweating and reversible, asymptomatic elevations of transaminases. **Overdosage:** There is no experience of overdose in humans. Tested at very high doses in animals, nizatidine has been shown to be relatively non-toxic. **Treatment:** Symptomatic and supportive therapy is recommended. Activated charcoal may reduce nizatidine absorption and haemodialysis may

remove absorbed nizatidine. **Legal Category:** POM. **Product Licence Numbers:** Capsules 150mg 0006/0230. Capsules 300mg 0006/0231. **Basic NHS Cost:** Per 28-day calendar pack – 150mg capsules £11.52. 300 mg capsules £23.04. **Date of Preparation:** August 1987.

▼ Special reporting to the CSM required. **Full prescribing information is available from:** Eli Lilly & Company Limited, Kingsclere Road, Basingstoke, Hampshire RG21 2XA. Telephone: (0256) 473241.

### References

1. Simon B et al. Scand J Gastroenterol 1987; 22: 61.
2. Naccarato R et al. Ibid 71.
3. Cerulli MA et al. Ibid 79.
4. Dammann HG et al. Ibid 56.
5. Kovacs TOG et al. Ibid 41.
6. Van Thiel DH et al. Ibid 24.
7. Klotz U. Ibid 18.
8. Cloud ML. Ibid 29.
9. Callaghan JT et al. Ibid 9.

†AXID is a Lilly trade mark.



WHERE RESEARCH BECOMES REALITY



# MATERIAL BENEFITS-NOW AND FOR THE FUTURE.

Many more surgeons are joining the growing group of synthetic absorbable suture users, for very good reasons.

They have greater initial strength and give stronger, more predictable wound support than catgut, with less tissue reaction. A soft, easily knotted suture. Coated VICRYL® (Polyglactin 910) sets the standard for braided synthetic absorbables.

A revolutionary monofilament material, PDS® (Polydioxanone) provides unique wound support, retaining its breaking strength longer than any other synthetic absorbable suture. PDS (Polydioxanone) sutures handle easily, pass smoothly through tissue and knot well.

**SYNTHETIC ABSORBABLES FROM ETHICON**  
The future of surgical sutures

**PDS**  
(Polydioxanone)

**ETHICON**  
a *Johnson & Johnson* company

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Technical Data Overleaf



## TECHNICAL DATA

### DATA SHEET

#### PDS\* (Polydioxanone) Sterilised Monofilament Synthetic Absorbable Suture

##### Presentation

PDS (Polydioxanone) Monofilament Synthetic Absorbable Suture is prepared from the polyester poly (p-dioxanone). The empirical molecular formula of the polymer is  $(C_8H_{12}O_4)_n$ . PDS (Polydioxanone) sutures are coloured by adding either D & C blue No 6 (gauges metric 0.2 and 0.3, 10/0 and 9/0) or D & C violet No 2 (gauges metric 0.4 to 5.0; 8/0 to 2) during polymerisation. These sutures may also be manufactured undyed (clear).

PDS (Polydioxanone) sutures are relatively inert, non-antigenic, non-pyrogenic and elicit only a mild tissue reaction during absorption.

##### Action

Two important characteristics describe the in vivo behaviour of absorbable sutures. The first of these is tensile strength retention and the second, absorption rate or loss of mass.

Data obtained from implantation studies in rats show that, at two weeks post implantation, approximately 70% of the suture strength is retained whilst at four weeks the strength retention is approximately 50%. At eight weeks approximately 14% of the original strength remains. *This indicates a significantly longer period of wound support than previously available with an absorbable suture.*

The absorption or loss of mass is minimal until about the 90th post implantation day and is essentially complete within six months.

##### Uses

PDS (Polydioxanone) monofilament sutures are intended for use where an absorbable suture or ligature is indicated. They may have particular application where longer wound support is required. See strength retention data above.

##### Dosage and Administration

By implantation.

##### Contra-indications, Warnings, etc.

These sutures, being absorbable, should not be used where extended approximation of tissues under stress is required.

As with all monofilament synthetic sutures, care should be taken to ensure proper knot security.

Conjunctival, cuticular and vaginal epithelium sutures could cause localised irritation if left in place for longer than 10 days. Superficial placement of subcuticular sutures may also be associated with erythema and reaction during the course of absorption.

The safety and effectiveness of PDS (Polydioxanone) sutures in neural and cardiac tissue have not been established.

##### Pharmaceutical Precautions

Do not re-sterilise.

##### Legal Category P

Pharmacy medicine sold to surgeons and hospitals through surgical dealers.

##### Package Quantities

The gauge range initially available will be 0.2 metric (10/0) to 5 metric (2). Various lengths of material attached to non traumatic stainless steel needles are packaged in sealed aluminium foil sachets. This primary pack is contained in a peel-apart secondary pack. The unit of sale is 12 or 24 packs contained in a film wrapped drawer style carton.

##### Further Information

No suture related adverse reactions were reported during clinical trials, although a number of minor reactions were classified as being of unknown cause.

Product Licence Nos 0508/0011 (dyed); 0508/0012 (clear).  
Br Pat No 1 540 053.

Date of preparation of Data Sheet—September 1982.  
Revised 8/1986.

### DATA SHEET

#### Coated VICRYL\* (Polyglactin 910) Sterilised Braided Synthetic Absorbable Suture

##### Presentation

The basic VICRYL (Polyglactin 910) Suture is prepared from a copolymer of glycolide and lactide. The substances are derived respectively from glycolic and lactic acids. The empirical formula of the copolymer is  $(C_2H_2O_2)_m(C_3H_4O_2)_n$ .

Coated VICRYL (Polyglactin 910) Sutures are obtained by coating the braided suture material with a mixture composed of a copolymer of glycolide and lactide and an equal amount of calcium stearate. This coating does not affect the biological properties of the suture.

Coated VICRYL (Polyglactin 910) Sutures are coloured by adding D & C Violet No 2 during polymerisation of the lactide and glycolide. Sutures may also be manufactured in the undyed form.

These sutures are relatively inert, nonantigenic, nonpyrogenic and elicit only a mild tissue reaction during absorption.

##### Action

Two important characteristics describe the in vivo behaviour of absorbable sutures. The first of these is tensile strength retention and the second, absorption rate or loss of mass.

Subcutaneous tissue implantation studies of Coated VICRYL Suture in rats show at two weeks post-implantation approximately 55% of its original tensile strength remains, while at three weeks approximately 20% of its original strength is retained.

Intramuscular implantation studies in rats show that the absorption of these sutures is minimal until about the 40th post-implantation day. Absorption is essentially complete between the 60th and 90th days.

##### Uses

Coated VICRYL synthetic absorbable sutures are intended for use where an absorbable suture or ligature is indicated.

##### Dosage and Administration

By implantation

##### Contra-indications, Warnings, etc.

These sutures, being absorbable, should not be used where extended approximation of tissues under stress is required.

Sutures placed in skin and conjunctiva may cause localised irritation if left in place for longer than 7 days and should be removed as indicated.

At the discretion of the surgeon, appropriate non-absorbable sutures may be used to provide additional wound support when coated VICRYL sutures are used in ophthalmic procedures.

The safety and effectiveness of Coated VICRYL (polyglactin 910) Sutures in neural tissue and in cardiovascular tissue have not been established.

##### Pharmaceutical Precautions

Do not re-sterilise.

##### Legal Category

Pharmacy medicine sold to surgeons and hospitals through surgical dealers.

##### Package Quantities

Various lengths of material packaged in sealed aluminium foil sachets. This primary pack is contained in a peel-apart secondary pack. The unit of sales is 12 packs contained in a film wrapped drawer style carton.

##### Further Information

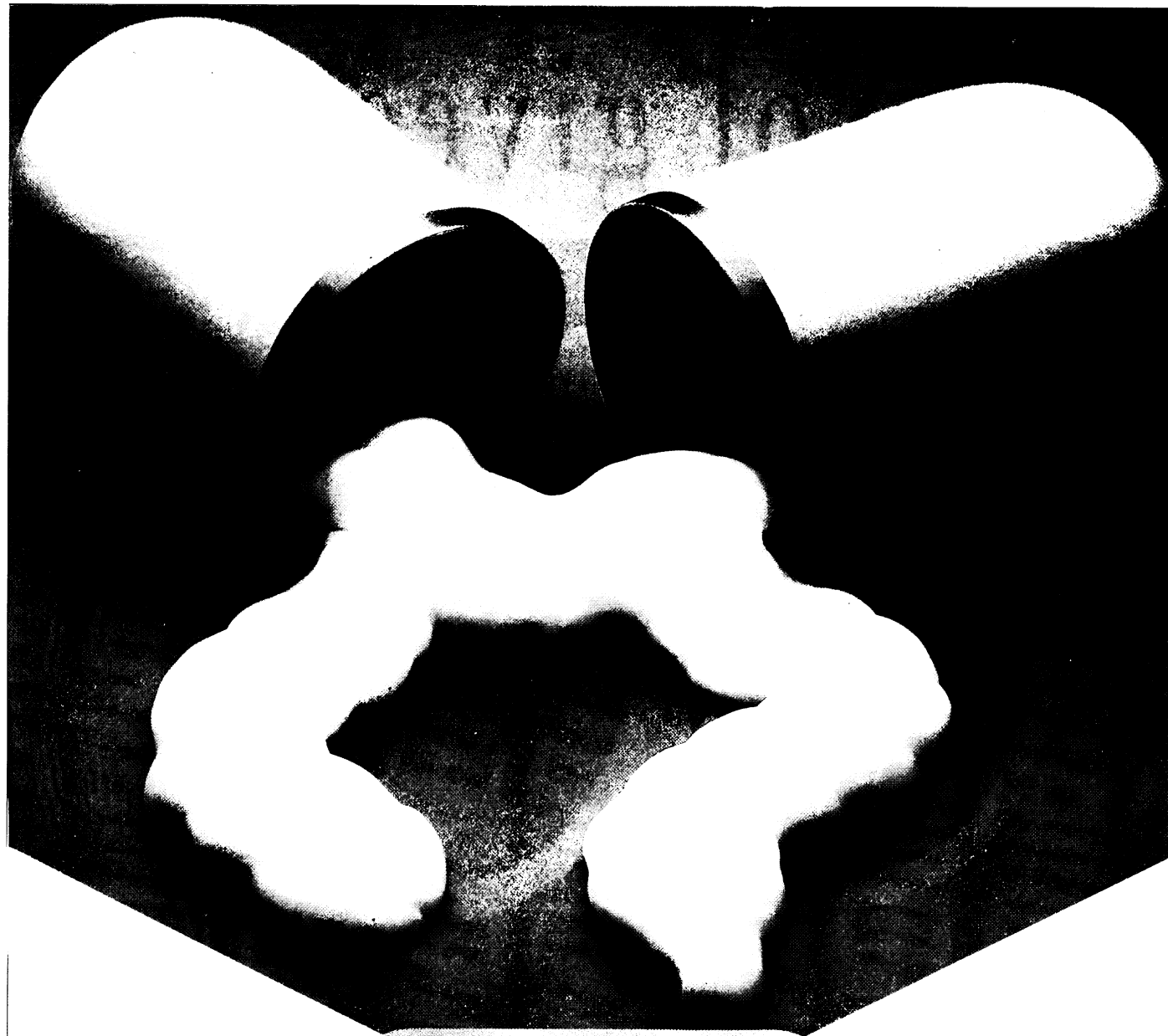
No suture related adverse reactions were reported during clinical trials, although a number of minor reactions were classified as being of unknown cause.

Product Licence No 0508/0009  
Br. Pat. No. 1583390

Date of Preparation of Data Sheet April 1981.  
Revised 4/1987.

**ETHICON LTD., PO BOX 408, BANKHEAD AVENUE, EDINBURGH EH11 4HE.**

\*Trademark



**For the treatment of  
irritable bowel syndrome**

**THIXOTROPIC PASTE FORMULATION FOR SUSTAINED RELIEF**

**First Line Therapy . . . Naturally**

**PRESCRIBING INFORMATION**

**Presentation:** Enteric-coated hard gelatin capsule. Each contains 0.2ml standardised peppermint oil B.P., Ph. Eur. **Uses:** For the treatment of symptoms of discomfort and of abdominal colic and distension experienced by patients with irritable bowel syndrome. **Dosage and Administration:** One capsule three times a day, preferably before meals and taken with a small quantity of water. The capsules should not be taken immediately after food. The dose may be increased to two capsules, three times a day when discomfort is more severe. The capsules should be taken until symptoms resolve, usually within one or two weeks. At times when symptoms are more persistent, the capsules can be continued for longer periods of between 2 to 3 months. There is no experience in the use of these capsules in children under the age of 15 years.

**Contra-indications, Precautions, Warnings, etc.:** The capsule should not be broken or chewed. Patients who already suffer from heartburn, sometimes experience an exacerbation of these symptoms when taking the capsule. Treatment should be discontinued in these patients. **Adverse effects:** Heartburn, sensitivity reactions to menthol which are rare, and include erythematous skin rash, headache, bradycardia, muscle tremor and ataxia. **Product Licence** PL 0424/0009. **Basic NHS Cost:** £10.58 per 100. UK and Foreign Patents pending. Colpermin is a trade mark of Tillotts Laboratories. Further information is available from Tillotts Laboratories, Henlow Trading Estate, Henlow, Beds. **European Patent No.** 0015334

**UK Patent No.** 2006011

**Tillotts**  
LABORATORIES

**Henlow Trading Estate,  
Henlow, Beds. SG16 6DS**

# De-Nol gives ulcer



# So they tend not t

**REFERENCES:** 1. Ward, M. et al, *Digestion*, 1986; 34: 173-177. 2. Bianchi Porro et al, *Scand. J. Gastro.* 1984, 19: 905-908. 3. Lee, F. et al, *Lancet* (1): 1299-1302 (1985). 4. Cipollini, F. et al, *Brit. J. Clin. Pract.* Vol 41: 4 (1987). 5. Martin, D. et al, *Lancet* (1): 7-10 (1981). 6. Hamilton, I. et al, *Gut* 27: 106-110 (1986). 7. Bianchi Porro et al, *Gut* 25: A565 (1984). 8. Konturek, S.J. et al, *Gut* 28: 201-205 (1987). 9. Marshall, B. et al, *Lancet* (1) 1984: 1311-1314. 10. Rathbone, B.J. et al, *Gut* 27: 635-641 (1986).  
**PRESENTATION:** Each tablet or 5 ml dose contains 120 mg tri-potassium di-citrate bismuthate (calculated as  $\text{Bi}_2\text{O}_3$ ). **USES:** Ulcer healing agent. For the treatment of gastric and duodenal ulcers. **DOSAGE AND ADMINISTRATION:** By oral administration. **Adults:** The more convenient dosage is two tablets or two 5 ml spoonfuls twice daily (half an hour before breakfast and half an hour before the evening meal) for 28 days. If necessary a further month's treatment may be given. Maintenance therapy with De-Nol is not indicated, but treatment may be repeated after an interval of one month. The tablets are to be taken with a draught of water and each 10 ml dose of the liquid diluted with 15 ml of water. **Children:** Not recommended.

**Gist-brocades**

# to both barrels.

NEW FORMULATION,  
NEW DOSAGE 2 b.d.



De-Nol has a clinical benefit which goes beyond merely healing ulcers as effectively as the H<sub>2</sub> antagonists.<sup>1,2,3,4</sup>

Quite simply, an ulcer healed with De-Nol is less likely to come back than one healed with an H<sub>2</sub> antagonist. This remarkable observation was first made in a trial published in the Lancet in 1981<sup>5</sup> and has subsequently been confirmed by further clinical trials.<sup>3,6,7</sup>

The reasons for this benefit appear to be twofold. Firstly, De-Nol is a cytoprotective, enhancing mucosal defence through the stimulation of mucosal prostaglandins.<sup>8</sup> Secondly, De-Nol is antibacterial to Campylobacter pyloridis<sup>9</sup>, a bacterium recently shown to be a potential aggressive factor in the development of gastritis and ulcer disease.<sup>10</sup>

Treatment is simple now with the new formulation. As simple as swallowing two tablets, morning and evening.

 De-Noltab 2 b.d.

## De-Nol<sup>®</sup>

tri-potassium di-citrato bismuthate

# to come back.

**CONTRA-INDICATIONS, WARNINGS:** De-Nol/De-Noltab should not be administered to patients with renal disorders and, on theoretical grounds, is contra-indicated in pregnancy. **Special precautions:** De-Nol/De-Noltab may inhibit the efficacy of orally administered tetracyclines. **Side effects:** Blackening of the stool usually occurs; nausea and vomiting have been reported. Darkening of the tongue may occur with De-Nol liquid only. **Overdosage:** No reports of overdosage have been received; gastric lavage and, if necessary, supportive therapy would be indicated. **LEGAL CATEGORY:** P. **PACKAGE QUANTITIES:** De-Noltab: Treatment pack of 112 tablets. De-Nol: Treatment pack of 560 ml. **BASIC N.H.S. PRICE:** De-Noltab: £18.90. De-Nol: £12.74. **PRODUCT LICENCE NUMBERS:** De-Noltab: 0166/0124. De-Nol: 0166/5024.

Brocades/Great Britain/Limited, West Byfleet, Surrey.

REBALANCES THE  
ULCER EQUATION

# INFLAMMATORY BOWEL DISEASE TREATMENT

AD · INFINITUM  
NOT  
AD · NAUSEAM

# Salazopyrin EN-tabs<sup>®</sup>

enteric coated sulphasalazine

Salazopyrin EN-tabs 'ad infinitum' may mean therapy for life, but it may also mean a 4-fold reduction in relapse rate.<sup>1</sup>

Success depends on continued compliance,<sup>2</sup> – compliance on tolerability. That is why Salazopyrin EN-tabs are enteric-coated to reduce local gastric effects,<sup>3</sup> like dyspepsia and nausea.

To encourage your patients to continue therapy even when they are in remission, prescribe Salazopyrin EN-tabs.  
It's therapy 'ad infinitum' rather than 'ad nauseam'.

References 1. Dissanayake AS, Truelove SC, Gut, 1973;14:923-96 · 2. Van Hees PAM, J.Clin.Gastroenterol, 1982;4:333-36 · 3. Nielsen OH, Scand J.Gastroenterol, 1982;17:389-93.

## PRESCRIBING INFORMATION

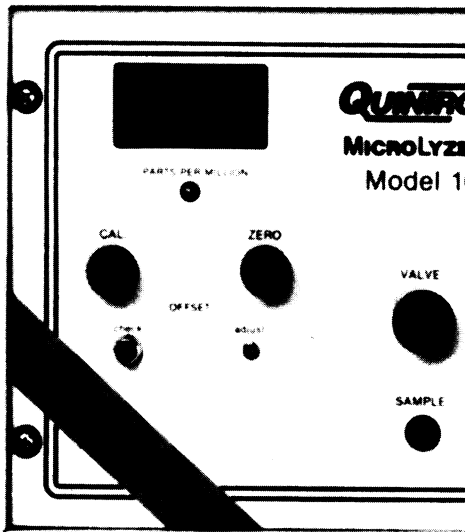
**Presentation** Orange elliptical convex film-coated tablets containing 0.5g sulphasalazine (USP) with Pharmacia logo on one side. **Uses** · 1 Induction and maintenance of remission of Ulcerative Colitis 2 The treatment of active Crohn's disease. **Dosage and Administration** · Salazopyrin EN-tabs should not be broken or crushed. **A. ULCERATIVE COLITIS Adults Severe:** 2-4 tablets four times a day given in conjunction with steroids as part of an intensive management regime. The night-time interval between doses should not exceed eight hours. In severe disease rapid passage of the tablets may reduce the effect of the drug. **Mild-moderate:** 2-4 tablets four times a day given in conjunction with steroids. **Maintenance:** With induction of remission reduce the dose gradually to four tablets per day in divided doses. This dosage should be continued indefinitely, since discontinuance even several years after an acute attack has been shown to be associated with a four fold increase in the risk of relapse. **Children:** The dose is reduced in proportion to body weight. **Severe:** 40-60mg/kg per day · **Mild-Moderate:** 40-60mg/kg per day · **Maintenance:** 20-30mg/kg per day. **B. CROHN'S DISEASE** In active Crohn's disease Salazopyrin EN-tabs should be administered as for severe ulcerative colitis. **Contra-indications** Sensitivity to sulphonamides and salicylates. Infants under 2 years of age. **Precautions** Blood checks and LFTs should be carried out monthly for 3 months. Care in renal or hepatic disease, in glucose-6-phosphate deficiency and porphyria. **Adverse Effects** The most commonly encountered reactions are nausea, headache, rash, loss of appetite and raised temperature. The following adverse reactions have been reported. **Haematological:** Heinz body anaemia, methaemoglobinuria, hypoproteinaemia, haemolytic anaemia, aplastic anaemia, megaloblastic anaemia, thrombocytopenia. **Hypersensitivity reactions:** Generalised skin eruptions. Stevens-Johnson syndrome, exfoliative dermatitis, epidermal necrolysis, pruritus, urticaria, photosensitisation, anaphylaxis, serum sickness, drug fever, periorbital oedema, conjunctival and scleral injection, arthralgia, allergic myocarditis, polyarteritis nodosa, LE-phenomenon and lung complications with dyspnoea, fever, cough, eosinophilia, fibrosing alveolitis. **Gastro-intestinal reactions:** Stomatitis, parotitis, pancreatitis, hepatitis. **CNS reactions:** Vertigo, tinnitus, peripheral neuropathy, ataxia, convulsions, insomnia, mental depression and hallucinations. **Fertility:** Oligospermia, reversible on discontinuance of drug. **Renal reactions:** Crystalluria, haematuria, proteinuria and nephrotic syndrome. **Pregnancy and Lactation** Long term clinical usage and experimental studies have failed to reveal any teratogenic or icteric hazards. Amounts of drug in milk should not present a risk to a healthy infant. **Presentation and Legal Status POM:** PL0009/5007R. EN-tabs 125 (special pack for the disabled) E11.94 · EN-tabs 500 E42.58.

Further information available from Pharmacia Ltd., Pharmacia House, Midsummer Boulevard, Milton Keynes MK9 3HP. Salazopyrin and EN-tabs are registered trade marks. 1 March 1987.

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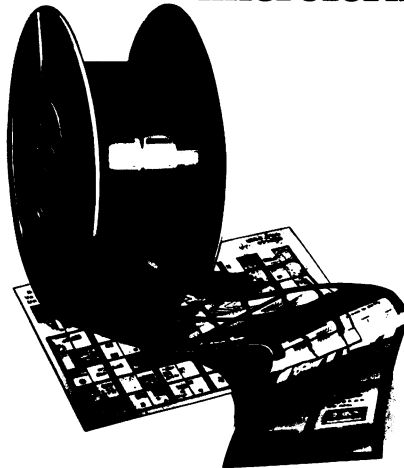


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