Changing TACTICS in intermediate HCC: TACE plus sorafenib

Pompilia Radu 💿 ,¹ Jean-François Dufour 💿 ^{1,2}

Hepatocellular carcinoma (HCC) represents a serious health problem, mainly due to the high cancer-related mortality. Transarterial chemoembolisation (TACE) is currently used as the first-line treatment for intermediate-stage HCC (Barcelona Clinic Liver Cancer (BCLC) stage B), despite the fact that this stage comprises patients with a wide range of liver function, variable tumour number and size.¹⁻⁴ In clinical practice, only 50%–60% of patients with BCLC stage B benefit from TACE, so TACE is usually repeated to achieve maximum tumour recession. The main factors that impact the effectiveness of TACE include the worsening of both the liver function and recurrence rate. The latter is the result of the angiogenic response triggered by TACEinduced hypoxia, which stimulates residual tumour growth.⁵ This has led to the concept that combining TACE with an antiangiogenic treatment such as sorafenib will offer better tumour control.⁶ During the last decade, this hypothesis was tested in several trials, but the results were inconsistent.⁷⁻ According to a recent meta-analysis the combination of TACE plus sorafenib for unresectable HCC was superior in terms of time to progression but not in overall survival (OS).¹¹

In Gut, a new trial combining TACE with sorafenib, the TACTICS trial, is published.¹² The authors report that in patients with BCLC stage B, the progression-free survival

(PFS), which was 13 months with TACE alone, reached 25 months with the addition of sorafenib to TACE. Similarly, the time to untreatable (unTACEable) progression increased significantly from 21 to 27 months. No significant differences in adverse events between the two treatment arms were observed. This trial stands out for being clearly positive with longer time to reach endpoints than those in previous trials (table 1).

Several aspects of the TACTICS trial have to be discussed. This trial used novel TACE progression criteria, according to which PFS was defined as the time to either unTACEable progression or death. Currently, the most commonly used evaluation radiological criteria of response to TACE are based on the measurement either of the tumour as a whole (Response Evaluation Criteria in Solid Tumors V.1.1) or of its viable portion (modified Response Evaluation Criteria in Solid Tumors), without taking into consideration the patterns of HCC progression.¹³ In the TACTICS trial, the authors evaluated the treatment based on the Response Evaluation Criteria in

¹University Clinic for Visceral Surgery and Medicine, University of Bern, Inselspital, Bern, Switzerland ²Hepatology, Department of Clinical Research, University of Bern, Bern, Switzerland

Correspondence to Professor Jean-François Dufour, Hepatology, Department of Clinical Research, University of Bern, Bern 3010, Switzerland; jean-francois.dufour@dbmr.unibe.ch

TACE plus sorafenib trials for BCLC stage B Table 1 Kudo et al12 Park et al⁸ Authors Kudo et al⁷ Lencioni *et al* Meyer et al¹⁰ Trial Ph3 post-TACE Ph2 TACE and sorafenib Ph2 SPACE Ph3 TACE-2 Ph2 TACTICS Population randomised to sorafenib+TACE 196 patients, Japan. 50 patients, South 154 of which 59 157 patients, UK 80 patients, Japan and 33 patients, South Korea were from Asia (not Korea including Japan) Cirrhosis, yes 312 (69.4%) NA 139 (90.3%) 129 (82%) NA Child Pugh A5. n % NA 98 (63.6%) 106 (68%) 64 (80.0%) NA <10 cm Tumour burden ≤7 cm BCLC stages B and C <7 cm Unresectable <10 lesions ≤10 tumours multinodular not ≤10 tumours amenable to resection or transplantation RECICL 2004 RECIST 1.1 UnTACEable progression/ Progression criteria mRFCIST mRFCIST TACE failure A new lesion was not considered progressive disease. Overall survival (months) Combined treatment 297 NA NR 20.7 NA TACE alone NR 196 NΔ NΔ NΔ PFS (months) Combined treatment NA 7.1 NA 7.8 25.2 TACE alone arm NA NA 7.7 13.5 NA TTP (months) Combined treatment 54 7.1 5.6 10 7 26.7 TACE alone 10 5 3.7 NΔ 55 164 TTUP (months) Combined treatment NA NA 3.1 NA 26.7 NA NA 7.3 NA 20.6 TACE alone Median daily sorafenib dose /day (mg) 386 600 566 660 355.2 The timing of pre-TACE/post-TACE sorafenib Sorafenib was started 2-3 Sorafenib was given Sorafenib was given Sorafenib was started Sorafenib was started 1–3 months after TACE 3 days after TACE and 3-7 days before DEB-2-5 weeks prior to DEBweeks prior to first TACE, was administered for TACE, continuously TACE continuously until discontinued for 2 days until progression. up to 24 weeks. until progression. progression. before and 2 days after each TACE session. c TACE on demand c TACE on demand DEB-TACE scheduled DEB-TACE on demand c TACE on demand TACE type and approach Median durations of Combined treatment arm 17 5.1 21 3.9 38.7 (weeks on Sorafenib) treatment 27 TACE alone arm (weeks) 20 NA 5.3 NA

BCLC, Barcelona Clinic Liver Cancer; DEB-TACE, transcatheter arterial embolisation with doxorubicin-eluting beads; mRECIST, modified Response Evaluation Criteria in Solid Tumors; NA, not available; NR, not reached; PFS, progression-free survival; RECICL, Response Evaluation Criteria in Cancer of the Liver; RECIST V.1.1, Response Evaluation Criteria in Solid Tumors V.1.1; c TACE, conventional transcatheter arterial embolisation; TACE, transcatheter arterial embolisation; TTP, time to progression; TTUP, time to unTACEable progression.

Cancer of the Liver (RECICL), according to which new intrahepatic lesions were no longer considered as progressive disease (PD). The PFS was defined as the time from randomisation to PD or death from any cause, and they define progression as untreatable (UnTACEable) progression, caused by the inability of a patient to further receive or benefit from TACE for reasons that included intrahepatic tumour progression (25% increase baseline) according to RECICL, VS the detection of extrahepatic spread, vascular invasion or transient deterioration of liver function to Child- Pugh C after TACE.

The timing of sorafenib administration relative to TACE is important and differs among various studies. Several approaches have been tested for the timing of sorafenib initiation: (1) sequential administration, (2) the interrupted administration and (3) the continuous administration.¹⁴ The sequential approach involves treating patients with TACE, then initiating the sorafenib treatment (as an adjuvant therapy) once the TACE sessions have been completed.⁷ ⁸ The interrupted approach involves placing patients on treatment with sorafenib between the TACE sessions and pausing sorafenib during TACE to avoid possible adverse events.⁹¹⁰ In the continuous approach, patients are prescribed sorafenib without interruption before, during and after TACE. Although the first two approaches might be superior in reducing complications, the third approach has the benefit of potentially eliminating the angiogenic response after TACE-induced hypoxia and may therefore prevent tumour growth after TACE.¹⁵ The feasibility of this approach was demonstrated in an initial phase I trial that assessed sorafenib given continuously and that began 7 days before TACE.¹⁶ In the TACTICS trial, patients included in the TACE plus sorafenib arm started sorafenib 2-3 weeks before TACE, at a dose of 400 mg once daily. This approach aimed to normalise the tumour vasculature, improve TACE effectiveness and suppress the cascade of proangiogenetic signalling pathways triggered by TACE-induced hypoxia. In the TACTICS trial, TACE was administered 'on demand' at the growth of the viable lesions, whereas in the phase 2SPACE trial, the TACE sessions were scheduled.⁹

The population enrolled in the TACTICS trial differs significantly from the patient population enrolled in previous trials combining TACE with sorafenib. In the TACTICS trial, 80% of patients were classified as having Child-Pugh A5 compared with 60%–68% in previous trials.^{7–10} Not surprisingly, patients with a less advanced Child-Pugh stage tend to have a longer OS when treated with sorafenib.¹⁵ Another possible difference in the patient population is the percentage of non-cirrhotic patients. In previous trials, the cohorts comprised up to 80% of cirrhotic patients, while this proportion was not stated in the TACTICS trial.

These specificities in the TACTICS trial design resulted in a longer sorafenib treatment length (38 weeks) compared

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with previous trials (17-21 weeks). As BCLC stage B comprises a heterogeneous patient population, careful patient selection is essential. In this setting, several questions arise: (1) What is the benefit of adding sorafenib to TACE not only in terms of disease control but also in terms of quality of life and costs? (2) Which patients would benefit the most from the combination TACE and sorafenib (Asian/ non-Asian, cirrhotic/non cirrhotic)? (3) Which criteria are the most appropriate for evaluating therapeutic response? The answers to these questions are crucial in order to define the target population and to design the optimal protocol. The study by Kudo et al highlights the need to optimise treatment for patients with BCLC stage B.¹² In order to achieve this, redefining the criteria for both patient selection and treatment evaluation may be required. Until new trials for BCLC stage B confirm the results obtained by Kudo et al, it remains a matter of debate whether the combination of TACE plus sorafenib is a suitable choice of treatment for all patients with intermediate HCC or whether it should be reserved only for a specific group. Future studies that compare TACE plus sorafenib versus sorafenib alone in BCLC stage B may further improve our understanding of the real benefit of adding sorafenib to TACE.

Twitter Jean-François Dufour @dufour_jf

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Patient and public involvement

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ORCID iDs

Pompilia Radu http://orcid.org/0000-0001-7208-1477 Jean-François Dufour http://orcid.org/0000-0002-8062-1346

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