Letters

Letter to editor: piecemeal cold snare polypectomy versus conventional endoscopic mucosal resection for large sessile serrated lesions

With great interest, we read the recent study by van Hattem *et al*, which compared the utility in large sessile serrated lesions (L-SSL) management between piecemeal cold snare polypectomy (p-CSP) and endoscopic mucosal resection (EMR).¹ We congratulate the authors for this innovative study that demonstrated the security and effection of p-CSP in the management of L-SSL and opened the door to determine the best treatment for endoscopically resecting L-SSL. Although the data and methodology of the study are impressive, there are several questions, which should be highlighted.

First, this study divided patients with L-SSL at two different times into p-CSP and EMR group. Compared with the early stage, with the development and maturity of technology, technical success will be improved and adverse events may be reduced. Thus, the study concluded that the higher incidence of adverse events in the EMR group is debatable and may overestimate the incidence of adverse events. We think that the conclusion will be more credible if the study was randomly grouping.

Second, the primary outcome of the study is technical success, which was defined as complete removal of all polypoid tissue. However, the authors did not illustrate the evaluation method and criteria of complete removal. And the complete resection is always defined as 'the absence of tumour cells at the lateral and basal resection margins in an en-bloc resected specimen'.²⁻⁴ Notably, most lesions were used segmental resection in this study, so pathological results could not accurately evaluate the horizontal margin. Kimoto et al confirmed complete resection by biopsy specimens obtained from the margins of the post-polypectomy defect.⁵ Therefore, we are curious about the evaluation method and criteria of complete resection.

Next, the samples were inconsistent at baselines between the two groups, such as age, lesion size and dysplasia. Some studies indicate that lesion size is closely related to adverse events after endoscopic resection.² ⁶ Additionally, Burgess *et al* showed that bleeding after 48 hours is associated with older age.⁷ And Buchner *et al* demonstrated evidence of increased rates of recurrence for larger lesions, lesions removed by using

the piecemeal method, and the presence of high-grade dysplasia.⁸ Thus, we could not neglect the impacts of inconsistent baselines on adverse events and recurrence. In such a case, the results should be interpreted with caution.

Finally, we believe that the clarification of these issues mentioned above by the authors would make the study more apprehensible and credible.

Haiying Guan, Chunyan Zeng, Youxiang Chen 💿

Department of Gastroenterology, the First Affiliated Hospital of Nanchang University, Nanchang, Jiangxi, China

Correspondence to Professor Youxiang Chen, Gastroenterology, First Affiliated Hospital of Nanchang University, Nanchang, Jiangxi 330006, China; chenyx102@126.com

Contributors HG and CZ drafted the manuscript. CZ and YC revised the manuscript. All authors contributed equally to the letter.

Funding The authors have not declared a specific grant for this research from any funding agency in the public, commercial or not-for-profit sectors.

Competing interests None declared.

Patient and public involvement Patients and/or the public were not involved in the design, or conduct, or reporting, or dissemination plans of this research.

Patient consent for publication Not required.

Provenance and peer review Not commissioned; internally peer reviewed.



Open access This is an open access article distributed in accordance with the Creative Commons Attribution Non Commercial (CC BY-NC 4.0) license, which permits others to distribute, remix, adapt, build upon this work non-commercially, and license their derivative works on different terms, provided the original work is properly cited, appropriate credit is given, any changes made indicated, and the use is non-commercial. See: http:// creativecommons.org/licenses/by-nc/4.0/.

© Author(s) (or their employer(s)) 2022. Re-use permitted under CC BY-NC. No commercial re-use. See rights and permissions. Published by BMJ.

HG and CZ are joint first authors.



To cite Guan H, Zeng C, Chen Y. Gut 2022;71:440.

Received 1 March 2021 Revised 4 March 2021 Accepted 9 March 2021 Published Online First 7 April 2021

Gut 2022;71:440. doi:10.1136/gutjnl-2021-324531

ORCID iD

Youxiang Chen http://orcid.org/0000-0003-4218-6133

REFERENCES

1 van Hattem WA, Shahidi N, Vosko S, et al. Piecemeal cold SNARE polypectomy versus conventional endoscopic mucosal resection for large sessile serrated lesions: a retrospective comparison across two successive periods. *Gut* 2021;70:1691–7.

- 2 Seo M, Song EM, Cho JW, et al. A risk-scoring model for the prediction of delayed bleeding after colorectal endoscopic submucosal dissection. *Gastrointest Endosc* 2019;89:990–8.
- 3 Seo M, Yang D-H, Kim J, et al. Clinical outcomes of colorectal endoscopic submucosal dissection and risk factors associated with piecemeal resection. *Turk J Gastroenterol* 2018;29:473–80.
- 4 Thorlacius H, Rönnow C-F, Toth E. European experience of colorectal endoscopic submucosal dissection: a systematic review of clinical efficacy and safety. *Acta Oncol* 2019;58:S10–14.
- 5 Kimoto Y, Sakai E, Inamoto R, et al. Safety and efficacy of cold SNARE polypectomy without submucosal injection for large sessile serrated lesions: a prospective study. *Clin Gastroenterol Hepatol* 2020. doi:10.1016/j.cgh.2020.10.053. [Epub ahead of print: 02 Nov 2020].
- 5 Bahin FF, Rasouli KN, Byth K, et al. Prediction of clinically significant bleeding following wide-field endoscopic resection of large sessile and laterally spreading colorectal lesions: a clinical risk score. Am J Gastroenterol 2016;111:1115–22.
- 7 Burgess NG, Metz AJ, Williams SJ, et al. Risk factors for intraprocedural and clinically significant delayed bleeding after wide-field endoscopic mucosal resection of large colonic lesions. *Clin Gastroenterol Hepatol* 2014;12:651–61.
- 8 Buchner AM, Guarner-Argente C, Ginsberg GG. Outcomes of EMR of defiant colorectal lesions directed to an endoscopy referral center. *Gastrointest Endosc* 2012;76:255–63.

bsg