Supplementary Table S2. Studies excluded at the eligibility step of PRISMA diagram.

Author, Year	PMID	Reason(s) for exclusion
Arase et al. 2012	22175908	Unsatisfactory inclusion criteria
Kodama et al. 2013	23320802	Unsatisfactory inclusion criteria
Choi et al. 2014	24481324	Unsatisfactory outcome
Nseir et al. 2017	28480679	Unsatisfactory study design
Chang et al. 2018	29235054	Unsatisfactory study design
Choi et al. 2018	30231041	Unsatisfactory inclusion criteria
Park et al. 2020	32192863	Unsatisfactory inclusion criteria
Lee et al. 2020	31978054	Unsatisfactory inclusion criteria